

**The Greg Foundation, Inc.
Care Packages Items**

Prepaid phone card

Disposable camera

Stamps

Bottled Water

Gatorade

Individually packages snacks (and meal replacements)
peanut butter & crackers, granola bars, trail mix, microwave popcorn, etc.

Journal

Sticky notes

Notepads

Pen

Note Cards

Reading materials: magazines, puzzle books

Gift certificates/coupons to surrounding restaurants

Personal care items: hand sanitizer, shampoo, body wash, razor's, shaving cream, lotion, toothbrush, toothpaste, deodorant, facial cleanser, q-tips, nail clippers, etc

Shout wipes

Playing cards

Misc. Items are included as we receive them.

Other items that could be included: gas card, roll of quarters, stress balls, etc.